ENGLISH





OPENING HOURS SUMMER 2024

Chäserrugg Summit Restaurant

Daily open from 1 June to 20 October 09.00 – 17.00 Iltios Mountain Restaurant

Daily open from 25 May to 20 October

08.30 – 17.15 Stöfeli Mountain Inn 11 August, Alpine Church Service

Further dates for groups on request Shuttle Unterwasser – Iltios Daily operation from 25 May to 20 October 08.30 – 17.00 (17.30 only descent)

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Cable Car Iltios – Chäserrugg Daily operation from 1 June to 20 October 08.43 – 16.43 (17.13 only descent) Chairlift / Gondola

Alt St. Johann – Alp Sellamatt Daily operation from 25 May to 20 October 08.30 – 17.00

Gondola Espel – Stöfeli 11 August, 09.00 – 16.30 Further dates for groups on request

Gamplüt Gondola Continuous operation 08.30 - 16.30 Evening trips for groups on request

Contact: info@chaeserrugg.ch | Tel.: +41 71 998 68 10

Alpine dangers: Please note that there may be alpine dangers (e.g. extreme weather conditions, risk of falling, etc.) when hiking in the area.

SHUTTLE UNTERWASSER – ILTIOS

Due to the construction of the new valley station, a bus will take you directly to Iltios in summer 2024. The bus runs every 30 minutes or more depending on the number of guests. The departure point and ticket offices are located in the car park of the old valley station in Unterwasser

Connecting Route Iltios - Alp Sellamat 2.5 km / 30 min hiking time

THEMED TRAILS

2	Landscape of the year '21	
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Start / Destination	Iltios / Chäserrugg
Hiking time	3 h
Length	6 km
Elevation	912 m
Difficulty level	medium (T2)

3 The Flower Trail

😏 The Flower Trail	
Start / Destination	Chäserrugg
Hiking time	45 min
Length	1.5 km
Elevation	60 m gesamt
Difficulty level	easy (T1)

HIKING ROUTES

1 The Rosenboden Panorama Trail

Start / Destination	Chäserrugg
Hiking time	1.5 h
Length	3 km
Elevation	140 m
Difficulty level	easy (T1)
Highlight	View of Lake Walen

Ine Highest Summit

tart / Destination	Chäserrugg / Hinterrugg
liking time	20 min
ength	1 km
levation	44 m
Difficulty level	medium (T2)
lighlight	View of the Churfirsten cliffs

5 The Morning Route

Start / Destination	Alp Sellamatt / Chäserrugg
Hiking time	4 h
Length	9.5 km
Elevation	959 m
Difficulty level	medium (T2)
Highlight	Karst field of Alp Plisa

The Classic Trail

The elassie fruit	
art / Destination	lltios / Chäserrugg
king time	3 h
ngth	6 km
evation	912 m
fficulty level	medium (T2)
ghlight	Architecture by Herzog & de Meur

7 The Worthwhile Detour

Start / Destination	Alp Sellamatt / Chäserrugg
Hiking time	3.25 h
Length	6.5 km
Elevation	956 m
Difficulty level	medium (T2)
Highlight	Gluristal

8 The Athletic Trail

Alp Sellamatt / Chäserrugg
3 h
6 km
956 m
medium (T2)
View from the Hinterrugg

🕕 The Churfirsten Panorama

tart / Destination	Alp Sellamatt / Iltios
liking time	2.5 h
ength	6 km
levation	340 m
ifficulty level	easy (T1)
lighlight	View of the Churfirsten

1 The Zuestoll Trail

Start / Destination	Alp Sellamatt / Zuestoll
Hiking time	2.5 h
Length	4.25 km
Elevation	870 m
Difficulty level	difficult (T3)
Highlight	View from the summit

🕼 The Thur Trail

Start / Destination	Unterwasser / Alt St. Johann
Hiking time	25 min
Length	1.7 km
Elevation	-20 m
Difficulty level	easy (T1)
Highlight	Rushing water of the Thur

9 The Sound Trail with new Instruments

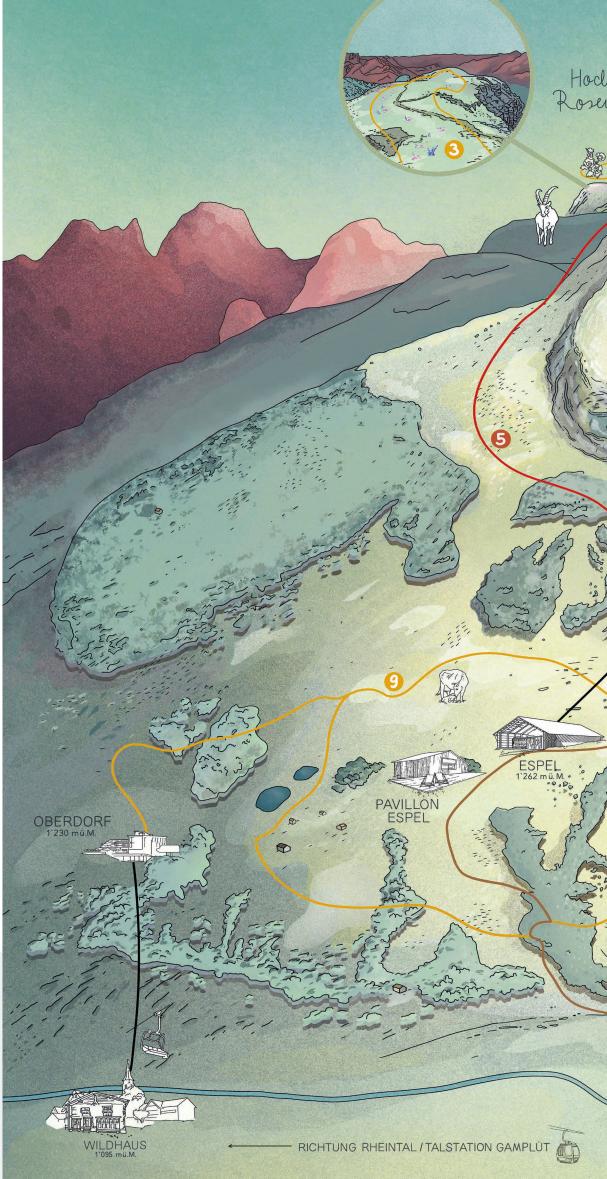
Start / Destination	Time	Lenght	Altitude difference		
Alp Sellamatt – Iltios*	1h	2.5 km	- 40 m		
lltios – Oberdorf	2 h	4 km	- 120 m		
Difficulty level	easy (1	-1)			
* Alp Sellamatt to Iltios is suitable for prams and wheelchairs.					

() (S) The Legend Trail (short / long route)

🕕 🕑 The Legend	frail (short / long route)	
Start / Destination	Alp Sellamatt	
Hiking time	2 h / 3.5 h	
_ength	6.25 km / 11.5 km	
Elevation	250 m / 500 m	
Difficulty level	easy (T1)	

- T1: Hiking, previous knowledge is not necessary
- T2: Mountain hiking, Mountain experience is required

 \longrightarrow T3: Alpine hiking, alpine experience & equipment is necessary



Chäsemgg 2'262 m Hochebene Rosenboden Hintenugg Znestoll Brisi Frinsel Schibenstoll Selvin G WILDMANNLIS LOCH MITTELSTOFE INGGEN LAMATT Era P UNTERWASSER ALT ST. JOHANN P P THUF RICHTUNG ZÜRICH ____

Chäserrugg: Take a healthy hike, enjoy the view over authentic Swiss Mountains, experience world-class architecture and discover Toggenburg's gastronomy.

SUSTAINABLE RECREATION AT CHÄSERRUGG

Located on the northern side of the Churfirsten, the Chäserrugg area stretches across the entire range of seven mountain peaks and meadows as far as the Selun. The area combines an impressive landscape with carefully integrated architecture by Herzog & de Meuron and a rich diversity of gastronomy.

Its location between Lake Walen and the Alpstein makes the area in upper Toggenburg easily accessible for a day trip. Experience the natural tranquillity while hiking and relaxing on a summit excursion and pause for a moment while your gaze wanders over 500 mountain peaks in six countries.





NEW VALLEY STATION WITH HERZOG & DE MEURON

This summer, the valley station of the traditional funicular railway in Unterwasser is being rebuilt. This project is also being realised with the architects Herzog & de Meuron. The new valley station will be designed as a railway station and is related to the summit building. The renovation work on the funicular railway is being carried out with the company Steurer Seilbahnen AG. The railway line with its viaducts, which has existed since 1934, will be retained, with new rail wagons transporting guests starting in the winter of 2024/2025.



Follow the construction of the new valley station as narrated by various voices in an interview series that provides a glimpse behind the scenes.

HOW TO GET TO ILTIOS THIS SUMMER

While a new valley station is being built in Unterwasser, the easiest way to reach the Iltios is by chairlift from Alt St. Johann via Alp Sellamatt. Afterwards, visitors hike along the quiet, wooded path (No. 9) for about 30 minutes to Iltios, from where they can continue on various hiking trails or take the aerial cableway with the new cabins

A shuttle bus is also available in Unterwasser to replace the funicular railway, although there may be longer wait times. The Churfirsten Ticket and the Chäserrugg Ticket are also valid for the Unterwasser - Iltios shuttle and can be purchased at the ticket office in Unterwasser or online.



BUY YOUR TICKET ONLINE



At an early stage, Toggenburg Bergbahnen AG recognised nature as a central and vulnerable asset. For this reason, a sustainable and resource-conserving approach was an important factor in the construction of the various facilities. Alpine romanticisation was consciously avoided so that guests can experience the undisturbed landscape and natural elements. The buildings blend confidently into the landscape and the existing infrastructure.

Baukultur is multi-faceted. It refers to the past, present and future. Baukultur starts with the open landscape and includes the built and unbuilt environment plus everything in between.

> Definition of Baukultur in the Baukultur Strategy dossier (FOEN, 2020) by an interdepartmental working group

Five buildings have now been completed with the architects Herzog & de Meuron, with each of the buildings presenting different challenges due to their location and purpose. Technical complexity was built into pragmatic infrastructure without compromising aesthetics.

EXPERIENCE UNDISTURBED NATURE

Through their integration into the existing cultural and architectural landscape, the buildings enrich the excursion b creating an interesting dialogue with their surroundings and the visitor. Advertising boards have been largely remo ved, and only information specific to the area, such as upcoming events or hiking routes, is visible.

DISCOVER BAUKULTUR & ARCHITECTURE

In the Chäserrugg area, architecture can be viewed from various perspectives. On the **Landscape** of the Year '21 themed trail, hikers pass several traditional agricultural buildings and new buildings by Herzog & de Meuron. Visitors experience proportions and materiality up close. Alternatively, the area can be travelled by **aerial cableway**, which allows visitors to discover the middle station of the Stöfeli gondola from a bird's eye view. On arrival at the summit, discover a house that has adopted many characteristics from the local architecture. Find out more about building culture and the building development process on a **guided tour**, which is available on request.



During a sunrise trip or a full moon dinner, guests have the chance to experience the summit building and its surroundings in a special atmospheric light. Both events combine nature experiences with culinary delights, either with a breakfast buffet or a 4-course meal.





Thanks to its agricultural use, the region and the whole of Toggenburg have a diverse culture of sound. Cowbells, Alpine blessings and natural yodelling have characterised life in the mountain region for centuries. Since the early 1990s, the theme of sound has become an integral part of the tourist experience. Beyond taking in the sounds of everyday alpine life, guests can become a practising part of it themselves along the sound trail

As many local people work in the Chäserrugg area as their main or seasonal second job, they also bring the customs and traditions into the company. This promotes culture-orientated tourism in the Chäserrugg area. The simultaneous use of the area for agriculture and tourism means that mutual respect is important. Ideally, there is co-existence of these aspects, but shared effort is the goal. Guests experience the Alpine culture without disturbing its dynamics. This considerate tourism facilitates the preservation of natural values, customs and traditions, while at the same time strengthening the regional identity.



LANDSCAPE & NATURE

The Chäserrugg area is part of a region that is recognised as a Federal Inventory of Landscapes, and Natural Monuments of National Importance (ILNM). The alpine world of the Churfirsten is described as "one of the most important and extensive natural landscapes". It is also characterised by "scenic beauty, vastness and unspoilt nature". With low-impact tourism, the landscape is neither exploited nor destroyed, but instead becomes the centre of an experience.

he landscape forms the basis for a high-quality expeience. The need to modernise the buildings and lifts n the Chäserrugg area was viewed as an opportunity to promote the quality of the landscape and building culture with new infrastructure. The aim is not to artificially romanticise or stage the area, but to promote an exchange between the landscape and carefully integraed infrastructure.

RELAXING EXPERIENCES IN THE CHÄSERRUGG AREA

Discover the various experiences in the Chäserrugg region and enjoy active relaxation and culinary breaks.

Suitable experiences are presented on this page for each of the themes "Nature & Landscape", "Baukultur & Architecture", "Customs & Tradition" and " Indulgence & Cuisine". In addition to the hiking routes on the page with the map, additional routes can be found on our website. With various categories ranging from "sporty" to "relaxed", as well as "child-friendly" and "themed trails", everyone can find the perfect hike for a relaxing excursion in the region.

Experience tourism that is close to culture and nature and enjoy active recreation in the Churfirsten mountains this summer.

EXPERIENCE THE LANDSCAPE

Hike along the **flower trail** on the Rosenboden plateau

and enjoy the view of Lake Walen or get almost close

enough to touch the peaks of the Churfirsten by taking

the Churfirsten Panorama hike. On the morning Rou-

te, which follows the route of the East Run, hikers cross

an impressive karst landscape and pass imposing rock

formations. Watch the sunrise on the Chäserrugg and

the high plateau on the **sunrise rides** before a varied

breakfast buffet awaits in the summit restaurant. The

exposed location of the **summit building**, with its large

windows, lets guests observe impressive weather chan-

ges and natural spectacles and combine them with the

enjoyment of culinary delights.

Scan the code with a smartphone and

find out more about the experiences.



& NATURE

ATCH THE SUNRISE



Scan the code and discover the various offers for a themed, relaxed or sporty team event!

EXCURSIONS FOR GROUPS

mountain world of the Churfirsten.

Take your team on a multifaceted excursion into the

In the Chäserrugg area, visitors can hike together in the

Landscape of the Year '21, enjoy culinary breaks in the

architecture of Herzog & de Meuron and take an exci-

ting guided tour of the summit building or the "Klang-

haus". A yodelling sampler course for team spirit or a

guided tour through the natural alpine garden on the

activities. With this exciting mix of exercise in the

mountain air, open vistas and varied cuisine, any team

event will be an unforgettable experience. At Chäser-

rugg, you get train tickets, catering and a supporting

programme - all organised from a single provider.

can the code and discover the various offers for a

themed, relaxed or sporty team event!

osenboden plateau are also potential supplementary



INDULGENCE & GASTRONOMY

Each of the restaurants in the Chäserrugg area is chaacterised by its own menu and specialities based on regional dishes. The food is sourced from local producers and suppliers and then transported up the mounain by cable car.

During a visit to the Chäserrugg area, visitors will disover local products and dishes, some of them reinterourself be pleasantly surprised!



CALENDAR 2024

Mother's Day Brunch on Iltios Sunday, 14 May from 08.45 a.m – 12.00 p.m.

Sound Trail opening / vernissage Saturday, 18 Mai from 10.30 a.m - 16.00 p.m. between Sellamatt and Oberdorf

Alpine procession on the Sellamatt Alp June 2024 (the exact Date will follow Ascents starting at 4.30 a.m. from Alt St. Johann

Full moon dinner on the Chäserrugg 23 May, 21 June, 21 July, 19 August, 18 September, 17 October,

Ascent trips until 7.00 p.m. Descent trips from 09.00 - 10.30 p.m. every 30 min

Sunrise and breakfast on the Chäserrugg

Sunday, 9 Juli – 25 August until 4 August: first ascent at 5.00 a.m. from 13. August: first ascent at 5.30 a.m.

Starry night on the Chäserrugg Friday, 12 July from 18.30 - 01.00 p.m.

Toggenburg Mountain Market on the Iltios Sunday, 14 July and Sunday, 1 September 09.30 a.m – 17.00p.m.

Alpine Festival on the Sellamatt Alp Sunday, 21 July

1 August Celebration on the Chäserrugg Sunrise ascent and breakfast starting at 5.00 a.m.

Evening buffet starting at 6.00 p.m. with bonfires on all 7 Churfirsten peaks

Alpine worship service on the Stöfeli Sunday, 11 August, 11.00 a.m

Sunday breakfast on the summit Sundays, 1 September – 20 October from 08.30 – 10.30 a.m

Coop family hike on the Sellamatt Alp Sunday, 15 September starting at 8.30 a.m

Chäserrugg mountain run from Unterwasser to the Chäserrugg, Sunday, 22 September, starting at 9.30 a.m

DISCOVER INDULGENCE & GASTRONOMY

Taste Toggenburg on your tongue from sunrise to sunset: on Sundays from July to October, enjoy a varied breakfast buffet at the Chäserrugg summit restaurant with a variety of breads, cheeses, meats and other products directly from the region. In July and August, the breakfast can be combined with watching the

sunrise, as the mountain railway starts operating early in the morning. With a bit of luck, guests might even spot ibexes around the summit restaurant during breakfast.



At the **Iltios mountain restaurant**, the delicious ice cream menu will add a sweet note to any excursion or the kitchen will fortify hikers for the rest of the route with original salad plates and classic dishes.

On full moon evenings, a sophisticated, culinary 4-course menu awaits guests at the **full moon dinner** in the architecture of Herzog & de Meuron at 2,262 metres above sea level.



GET TO KNOW CUSTOMS & TRADITION

Combine your excursion into the natural surroundings of the Churfirsten with learning about regional customs. In the first light of the rising sun, the herdsmen and their animals and families reach the pastures of Alp Sellamatt. The mountain air is filled with the sound of bells and yodelling, while the traditional costumes of the herdsmen and their families stand out. The alpine church service on the Stöfeli is also traditionally musical, accompanied by local sounds such as a yodelling choir and alphorns

Visitors can follow in the footsteps of sound on the Sound Trail, which this summer will surprise listeners with new instruments. The trail leads from the Alp Sellamatt mountain station to Iltios (stage suitable for pushchairs) and then to Oberdorf. Another themed trail, the Legend Trail, takes hikers via Alp Sellamatt and the Thurtalerstofel, bringing them closer to the legends of

Toggenburg, so that the Churfirsten suddenly resemble a dragon. A magical experience for both young and old. Scan the QR code and find out more about the experience.





MOUNTAIN MARKET ON ILTIOS

This year, the $\operatorname{\textbf{Toggenburg}}\nolimits\operatorname{\textbf{Mountain}}\operatorname{\textbf{Market}}\nolimits\operatorname{will}$ once again take place on the Iltios. At the various stalls set against the picturesque backdrop of the Churfirsten mountains, local producers will give visitors an insight into their careful production and the traditions asso

ciated with it. Taste cheese, meat and bread from the region and enjoy the warm atmosphere in the middle of the mountains. The QR code will take you directly to the BergMarkt website.

preted and prepared in unexpected combinations. Let